



BHSD Middle School Menu

October 2017

<p>2 Meatloaf Cheeseburger (or no cheese (D))</p>	<p>3 Taco Tuesday (GF) Bean and Cheese Burrito (V)</p>	<p>4 Szechwan Chicken with Rice and a Fortune Cookie (D)</p>	<p>5 All Beef Chili Dog</p>	<p>61 Salisbury Steak with Egg Noodles</p>
<p>9 Popcorn chicken Bowl Griller Jet's Pizza (V) FUEL Special Steak n' Cheese Griller</p>	<p>10 Taco Tuesday! (GF) Enchiladas with Rice (V) FUEL Special Steak n' Cheese Griller</p>	<p>11 Orange Chicken with Rice and a Fortune Cookie (GF)(D) FUEL Special Steak n' Cheese Griller</p>	<p>12 Grilled Cheese with Tomato Soup (V) FUEL Special Steak n' Cheese Griller</p>	<p>13 Pasta with Meat Sauce (V)(GF) and Garlic Breadstick (V) FUEL Special Steak n' Cheese Griller</p>
<p>16 Chicken Drumstick with Mashed Potatoes (GF) Jet's Pizza (V) FUEL Special Chick n' Cheese Griller</p>	<p>17 Taco Tuesday (GF) Nachos with Meat and/or Cheese (GF)(V) FUEL Special Chick n' Cheese Griller</p>	<p>18 General Tso Chicken with Rice (GF)(D) FUEL Special Chick n' Cheese Griller</p>	<p>19 Chicken Ranch Flatbread with or without Cheese (D) FUEL Special Chick n' Cheese Griller</p>	<p>20 Macaroni and Cheese with Garlic Breadstick (V) FUEL Special Chick n' Cheese Griller</p>
<p>23 Chicken Pot Pie Jet's Pizza (V)</p>	<p>24 Taco Tuesday (GF) Cheese Quesadilla (V)</p>	<p>25 Sweet & Sour Chicken with Rice (D)</p>	<p>26 Chicken Parmesan Sandwich with Marinara</p>	<p>27 Chicken Alfredo with Garlic Breadstick</p>
<p>30 BBQ Chicken Drumstick with Mashed Potatoes (GF)(D)</p>	<p>31 NO SCHOOL! Happy Halloween!</p>	<p>Special dietary entrees now available! Special medical requests must have advance notice. Please call for more information. BHMS (248)341-6019 EHMS (248)341-6219 WHMS (248)341-6119 FS OFFICE (248)341-5671 (D) Dairy Free option available upon request (GF) Gluten Free option available upon request (V) Vegetarian Option</p>		

More info... We always have burgers (D), cheeseburgers, spicy and regular chicken sandwiches (D) along with an assortment of grab and go salads and sandwiches (GF)(V)(D). All lunches include fruit, veggie & Milk

More info... Fruit and Veggie options rotatoo romaine, spinach, broccoli, carrots, cucumbers, tomatoes, potatoes and more! Paid Lunch - \$3.40-\$4.15 Reduced - \$.40
 Special dietary menus available upon request.
 Menus are subject to change without notice.