

WING LAKE BREAKFAST

June 2019

**Complete
Breakfast Prices**

**Full Pay - \$1.85
Reduced - \$.30**

What's in a Breakfast?

**2 oz. Grains or Proteins
Fruit and/or 100% Fruit
Juice and choice 1%
White or Chocolate Milk**

3

**Yogurt and Muffin
Served with Fruit,
100% fruit Juice
and 1% white or
chocolate Milk**

4

**Cheese Stick and
WG Muffin
Served with Fruit
and 1% white or
chocolate Milk**

5

**Fresh Fruit
Smoothie Served
with WG Muffin
and 1% white or
chocolate milk**

6

**WG Pancakes
Served with Fruit,
100 % Fruit Juice
and 1% white or
chocolate Milk**

7

**Fruit Yogurt
Parfait
Served with 100%
fruit Juice and 1%
white or chocolate
Milk**

Grains and Proteins Offered Daily

(choose 2)

Granola Bars – 1oz

Yogurt – 1 oz

WG Pop tarts – 1 oz

Cereal – 1 oz

Cheese Stick – 1 oz

WG Muffin – 1 oz

10

**Yogurt and Muffin
Served with Fruit,
100% fruit Juice
and 1% white or
chocolate Milk**

11

**Cheese Stick and
WG Muffin
Served with Fruit
and 1% white or
chocolate Milk**

12

**Fresh Fruit
Smoothie Served
with WG Muffin
and 1% white or
chocolate milk**

13

**WG Pancakes
Served with Fruit,
100 % Fruit Juice
and 1% white or
chocolate Milk**

14

**Fruit Yogurt Parfait
Served with 100%
fruit Juice and 1%
white or chocolate
Milk**

17

**Yogurt and Muffin
Served with Fruit,
100% fruit Juice
and 1% white or
chocolate Milk**

18

**Cheese Stick and
WG Muffin
Served with Fruit
and 1% white or
chocolate Milk**

19

**Fresh Fruit
Smoothie Served
with WG Muffin
and 1% white or
chocolate milk**

20

**WG Pancakes
Served with Fruit,
100 % Fruit Juice
and 1% white or
chocolate Milk**

21

**Fruit Yogurt
Parfait
Served with 100%
fruit Juice and 1%
white or
chocolate milk**

To complete your breakfast
pick up to 2 fruits (or small
100% fruit juice) and choice of
milk

24

**Yogurt and Muffin
Served with Fruit,
100% fruit Juice
and 1% white or
chocolate Milk!**

25

**Cheese Stick and
WG Muffin
Served with Fruit
and 1% white or
chocolate Milk**

26

**Fresh Fruit
Smoothie Served
with WG Muffin
and 1% white or
chocolate milk**

27

**WG Pancakes
Served with Fruit,
100 % Fruit Juice
and 1% white or
chocolate Milk**

28

**Fruit Yogurt
Parfait
Served with 100%
fruit Juice and 1%
white or
chocolate milk**

